

RCC Series: *Different Viewpoints*

Introducing a new series of short articles from different age groups and their perspective on health education as they see it.

Sex Ed from a College Student's Perspective by Gianna Bendinelli

I am not entirely sure how I first learned about sex, television or conversations around friends may have been my first encounter; however, what I remember most about learning about sex was from health class in high school. I am from a very religious town outside of Chicago, known for having the most churches per square mile. Our public-school system is "abstinence-only" and we were prompted to wait until marriage to have our first sexual encounter.



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In the News



Los Angeles Times:

With marijuana legal, California flooded with dubious health claims about the drug

Spend a few minutes surfing Twitter and you're likely to encounter a startling claim that comes without proof: Cannabis cures cancer.

The online world is awash with such posts, startling scientists and physicians who are urging weed's proselytizers to tap the brakes.

"We know that a component in cannabis - CBD - might be useful in treating cancer," said Dr. Joseph A. Califano III, director of the Head and Neck Cancer Center at UC San Diego. "But we don't know if marijuana can stop or cure it. In some cases, cannabis might make things worse. It's going to take time to find out."

Califano added that, "What's happening right now with marijuana reminds me of tobacco at the end of World War II. There was an explosion in its use, but little science to let people know what we were dealing with."

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From the Experts

Preventing a Preventable Infection by Betty Barsley-Marra.

As Joe Mueller walked to his car in the parking lot of the adjacent medical office building, he thought about the last few months. He thought about the successful completion of his first year of college. He thought about the job he landed for the upcoming summer. He thought about the nagging sore throat he ignored for many weeks while he finished up the semester's coursework and finals. He thought about what he had just discussed with his doctor. He

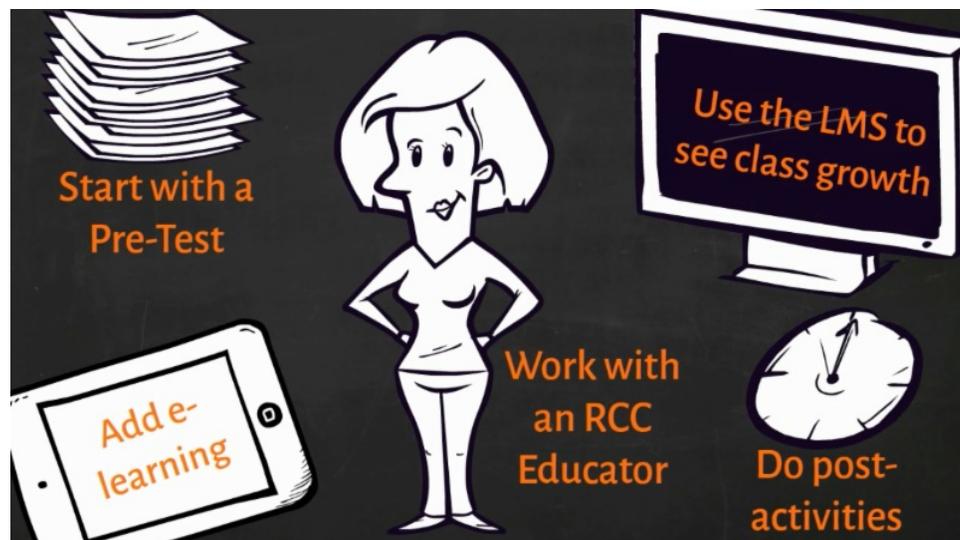


thought, "I have cancer."

Joe is one of the more than 13,000 men newly diagnosed with HPV oral cancers annually.

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In the Works



A new, comprehensive approach to health education.

During the summer we have the opportunity to continue re-working our programs to follow best-practices in education. As some are aware, we started incorporating a blended-learning approach to our Drug Education programming this past school year. For those not familiar with blended learning, it's multiple touch points in different delivery methods to continue to engage the students and help track progress. Is the student truly understanding the content?

DRUG EDUCATION

Starting next year, ALL of our Science Behind Drugs programming will incorporate a blended learning approach with pre and post-tests, e-learning, RCC Educator visits and the ability to view student growth by the classroom teacher.

SEX EDUCATION

We are in the process of re-developing our sex education programming - Puberty (aka Linda and Michael), Life Begins and Teen Sexual Health. Stay tuned for more on this exciting exploration!

Meet Our Board

Caryn Glover

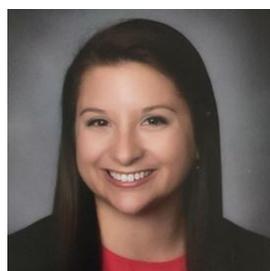
Caryn serves as a lead advisor to high net worth individuals, families and organizations, including closely-held and family-owned businesses. She closely works with clients to gain a complete understanding of their lifestyle, career, philanthropic and wealth planning goals. Then she identifies and engages a Client Strategy Team to create a unique and constantly evolving financial plan and strategy to help meet these goals. Caryn joined HSBC Private Bank in 2018 and has 15 years of experience in the financial services industry.

Caryn earned her BS in Marketing from the University of Illinois. She went on to earn her MS in Education- Mathematics from DePaul University. Caryn holds series 6, 7 and 63 securities licenses. Caryn lives in Chicago and enjoys tennis, boxing, traveling, visiting National Parks and studying Mandarin.



Meet Our Team

Marissa Jama



Marissa is a current employee of the Robert Crown Center who started as an intern last summer. She grew up in Downers Grove, but earned her bachelor's degree in biology from the University of Dayton. Over the past year she has had the incredible opportunity to be a part of the innovation that Robert Crown brings to health education. She will be taking what she has learned with her as she begins medical school this fall at the Chicago College of Osteopathic Medicine at Midwestern University. She says that the highlight of her time at RCC has been leading Body Trek, our summer science camps for middle school

students, where the achievements and enthusiasm of these students continues to impress her, year after year!

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