

# Just the Facts.

## Science-Based Health Education

June 2018  
School Newsletter

### Thank you for a GREAT Year & Have a Relaxing Summer Break!

It's been a wonderful year working with all of you this school year. We're looking forward to seeing everyone in the fall! Please remember that our staff and office is open throughout the summer. If your school or district needs assistance when outlining their health education needs next year, please **contact us**...we're ready to help in any way!

[CONTACT US >](#)

### In the News.



#### US News & World Report: **Think Tank: States Aren't Teaching Consent in Sex Ed**

Let's talk about sex - or state sex education standards.

The Center for American Progress recently released an analysis of what it called "the current state of sex education standards" across the U.S., focusing on discussions of consent and healthy relationships in those teaching standards. Analysts at the think tank considered state laws in 24 states and Washington, D.C., that require sex education in public schools and found that not all states address those topics in their sex education standards.

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### From the Experts.

We've started a monthly series sharing our Health Educators' professional opinions on current health education topics. First up, Edith Lule, our Education Manager responds to the article above on teaching consent in sex education programming.



#### **Including Consent in Sex Education is Critical.**

A recent article in U.S. News & World Report reported on an analysis completed by The Center for American Progress focusing on the inclusion of consent and healthy relationships content in sex education standards across the nation. The article stated that out of the 24 states that require sex education in public schools, "only 10 states and the District of Columbia mention the terms 'healthy relationships,' 'sexual assault,' or 'consent,' in their sex education programs."

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### Get a Jump Start on Next Year!



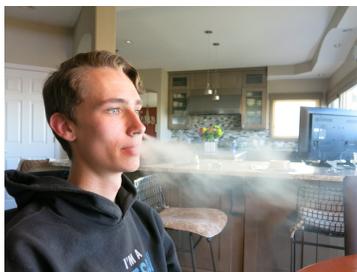
Remember you can go online and request the time that works best for you next school year.

Need to review our programs? Things have changed...our Science Behind Drugs programs are all-new in the fall. Take a look.

[Schedule a Program >](#)

[See Our Programs >](#)

## In the News.



NPR:

### He Started Vaping As A Teen And Now Says Habit Is 'Impossible To Let Go'

The debate over the health risks of Juul, vaping and e-cigarettes is now spilling into the public square. In one of the most restrictive measures nationwide, San Francisco voters this week upheld by what looks to be a large majority - nearly 70 percent in a

preliminary tally - a ban on the sale of flavored vaping products, as well as conventional menthol cigarettes.

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## Work with RCC to pilot a NEW program.



We just completed updating our Science Behind Drugs programs and now are busy working on our Sex Education programs. We plan on piloting our puberty programs next year, 4th grade in fall/winter and 5th grade winter/spring with middle school to follow. Piloting involves pre-visit work, in-school program, and post visit work. Your feedback is critical before rolling out the programs!

If your school would be interested in piloting, please email us using the link below.

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## Help us better understand the students.

The Illinois Department of Human Services (IDHS) has been working with the University of Illinois, Urbana-Champaign to gather anonymous data on 8th, 10th or 12th grade students. Your school can participate and have the opportunity to add questions specific to your school or communities' specific interests. Only the school conducting the survey will have access to their school's specific results, but all of the data is compiled and can be viewed by county.



[LEARN MORE >](#)

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## Meet Our Staff

### *Katie Schram - Health Educator*

Katie Schram joined the Robert Crown Center as a Health Educator in September of 2016. Her primary role is to deliver educational and medically accurate programs and maintain engaging classroom environments while teaching at the Center and in schools. Katie holds a Bachelor of Science degree in Health Education from Northern Illinois University. Prior to joining the Robert Crown Center, Katie worked as a Teacher's Aid with the Day Reporting Program at the Juvenile Services Center in LaPorte, IN.



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