

[Learn More About the Robert Crown Center for Health Education >](#)

In the News

CNN:

A teacher in California is explaining the concept of consent to her third-graders with a simple chart

With the recent news about the #MeToo movement and sexual misconduct allegations against Justice Brett Kavanaugh, the term "consent" has become part of the national dialogue.



It also can be confusing. So one California teacher, worried that her students may not understand the concept, created a simple chart to explain it.

Liz Kleinrock, a third-grade teacher at Citizens of the World Charter School in Los Angeles, calls her explainer "All About Consent."

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From the Experts

Teach Mental Health Now for Skills Later by Liz Carter



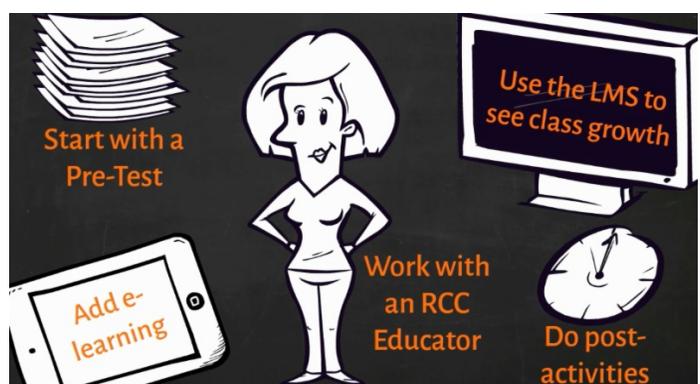
In a recent article from NBC News, Sarah DiGiulo talks about how a new law in the state of New York is requiring mental health to be taught in health education classes. While there are currently some schools that have already been teaching about mental health, it hasn't been mandated. Reaching out for help regarding issues with mental health is often something that is stigmatized as making a person "weak" or "unable to handle things on their own". This stigma is often passed on from parents to their children unknowingly, making children think that they are weak for not being able to handle everyday stress as well as some others may be able to

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Have You Heard?

Changes are in the works for our puberty programs.

Our puberty programs *Linda* and *Michael* are considered by many a "rite of passage" for 4th and 5th graders...some of you may even have attended! While we've always been proud of the programs, we wanted to provide students with an enhanced educational experience. The new programs incorporate a blended learning approach and are being piloted right now. We'll be rolling them out this spring so stay tuned for more information.



[Schedule Your Schools Programs](#)

Schedule an RCC educator to come to your school and deliver our drug and sex education programs. Our programs follow a **continuum of learning**, so one class builds upon another for the greatest student impact.



[SCHEDULE YOUR PROGRAMS](#)

[SEE PROGRAM DESCRIPTIONS](#)

Upcoming Presentation



Mark Your Calendar:

Vaping - October 23 - 7pm

We will be hosting another presentation on vaping. As you've seen in the news recently, vaping's popularity with young people continues to grow. This community presentation will outline the facts, as we know them, about vaping.

Due to demand, RSVP is required for this event.

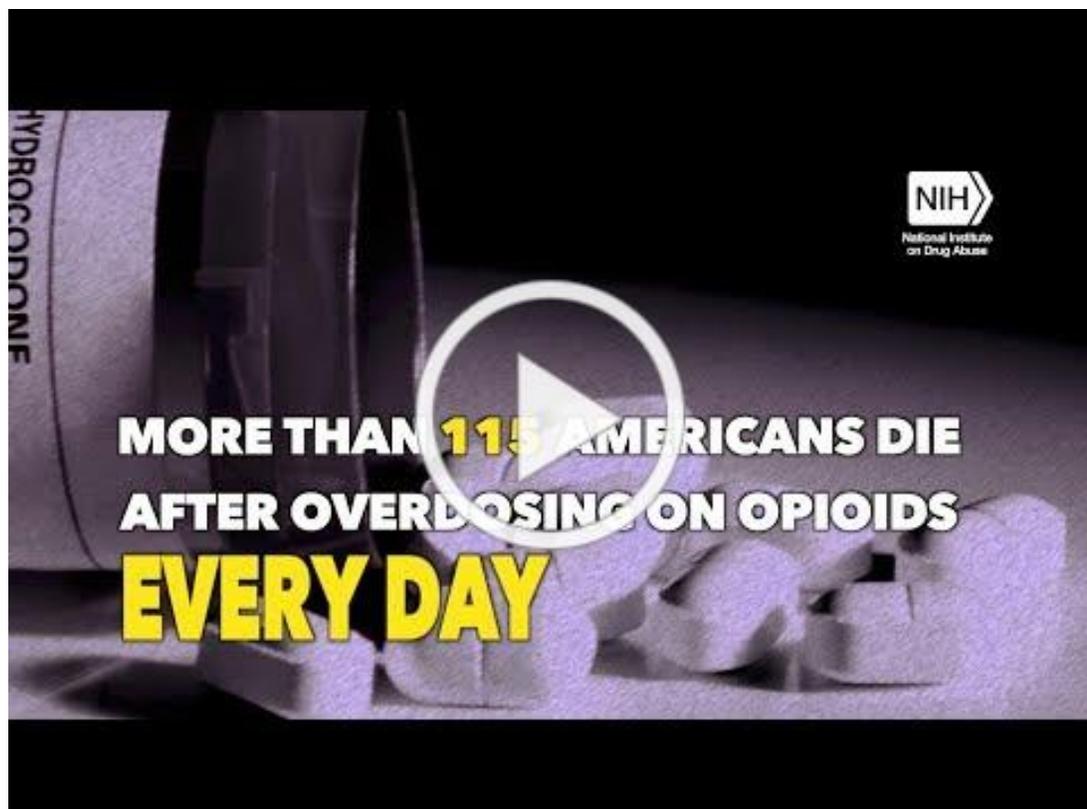
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In the News

National Institute on Drug Abuse:

This is NIDA: Opioids

A short video on opioids. Spend 1 minute to understand the scope of the opioid crisis:



Meet the Team

Sangeeta Solshe - Health Educator



Sangeeta earned a doctor's degree from India and received her master's degree in public health from Benedictine University. She resides with her family in Naperville and stays involved in the community. She has taught and conducted health education presentations to students in DuPage County. Additionally, she provided information to individuals and communities to promote, maintain, and improve healthy lifestyles. Some of the issues that she is passionate about raising awareness for are substance abuse, safety, HIV/STIs, nutrition, high blood pressure, smoking, pregnancy, and diabetes. She firmly believes that knowledge and behavior change are key to achieving a healthy community.

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