

Just the Facts.

Science-Based Health Education

February 2019
School Newsletter

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In the News

amightygirl.com:
"Send Nudes": A New Study Shows How Often Boys Pressure Girls For Explicit Photos



A recent study has shown just how common it is for teen boys to coerce or threaten girls into sending nude pictures: an analysis of 500 accounts from 12- to 18-year-old girls about negative experiences sexting found that two-thirds of them had been asked to provide explicit images - and that the requests often progressed from promises of affection to "anger displays, harassment and threats." In an article about the study for The New York Times, psychologist Lisa Damour writes, "Teenagers are drafted into a sexual culture that rests on a harmful premise: on the heterosexual field, boys typically play offense and girls play defense... Most schools and many parents already tell teenagers not to send sexualized selfies. But why don't we also tell adolescents to stop asking for nude photos from one another?"

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Change in Puberty Education

All-New Puberty Programs-Coming Spring 2019



Beginning this Spring, we'll launch our new *Puberty I-Understanding Changes* program with *Puberty II-Navigating Changes* to follow in the fall.

These programs use a blended learning approach incorporating pre and post tests, e-learning and expert presentation for a comprehensive approach.

If you would like more information about these programs, please contact us at info@robertcrown.org.

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From the Experts

Relationship Education: Necessary in a Murky World by Edith Lule

February is Teen Dating Violence Awareness and Prevention Month.

According to BreaktheCycle.org, one in three high school students will experience physical or sexual violence, or both, by someone they are dating. It's hard to imagine that this could be the reality for some teenagers, but statistics like this highlight the need to educate young people on healthy relationships - what does it mean to be in a healthy relationship and maybe more importantly, what does it mean to be in an unhealthy relationship?

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Different Viewpoints

A series of short articles from different age groups and their perspective on health education as they see it.

Vaping-The 21st Century's Smoking by Payton Stifflear

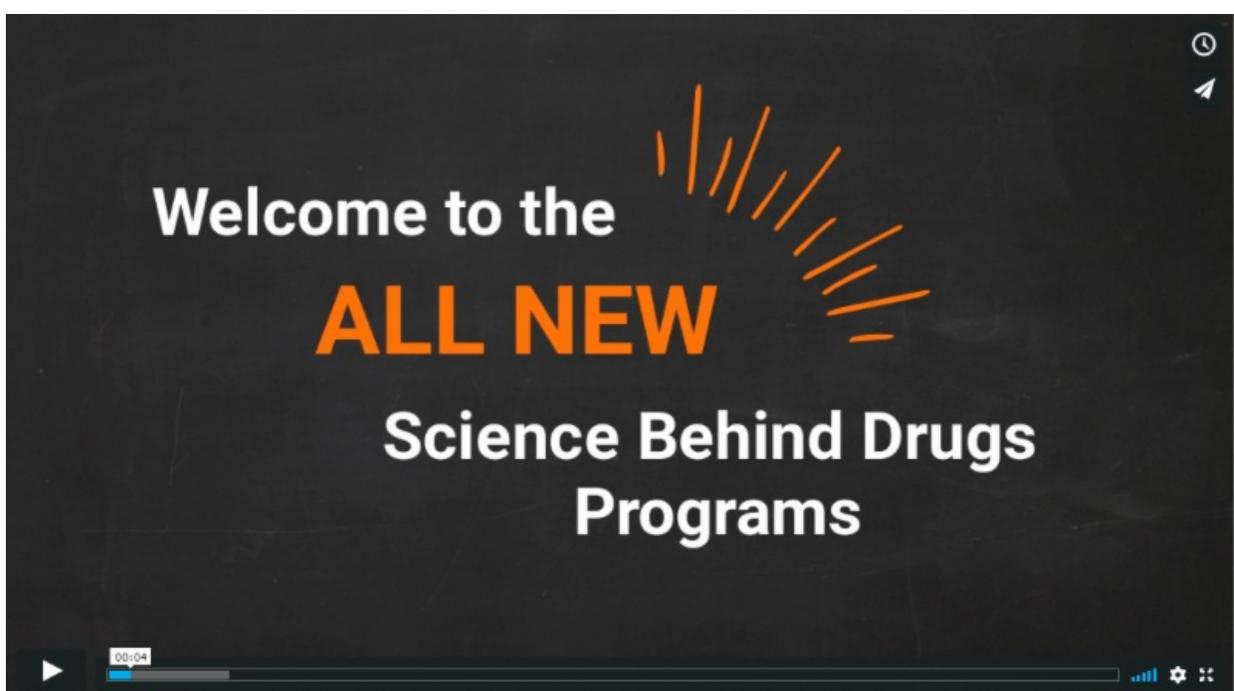


There are only a few things I can still remember from my elementary school and middle school curriculums, as details of the Oregon Trail, rules of geometry, and the organs' functions have slipped my mind with the beginning of every new school year. Although a few things have been hammered into my mind year after year, and among square roots, the mitochondria's function, and the oxford comma, the dangers of smoking occupy a permanent place in my mind. Despite my peers and I being told, year after year, of the manipulation of cigarette companies and death sentence that comes with it, I find myself in the midst of a revival of smoking, with the rise of vaping.

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Drug Education

Drug education can be a tricky subject since it sometimes can be very scientific and often it's filled with "grey areas". We've developed three programs in our [health education continuum](#) to start with the basics and advance with age appropriate content to fill-in those "grey areas". Take a look at the short video that overviews our drug education programming:



[WATCH VIDEO >](#)

In the News

Partnership for Drug-Free Kids:

Odds of Dying From Opioid Overdose Now Greater Than Vehicle Crash Death



Americans are more likely to die of an accidental opioid overdose than a motor vehicle crash for the first time in U.S. history, according to the National Safety Council (NSC).

In a new analysis, the NSC found the odds of dying accidentally from an opioid overdose have increased to one in 96, compared with one in 103 for a motor vehicle crash, NPR reports.

"We've made significant strides in overall longevity in the United States, but we are

dying from things typically called accidents at rates we haven't seen in half a century," Ken Kolosh, manager of statistics at NSC, said in a news release. "We cannot be complacent about 466 lives lost every day. This new analysis reinforces that we must consistently prioritize safety at work, at home and on the road to prevent these dire outcomes."

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Schedule Programs

Haven't scheduled this year's program?

No worries. There's still time to schedule this year's programs. You can use the buttons below to see our programming descriptions or schedule your programs.

[SCHEDULE YOUR PROGRAMS >](#)

[SEE PROGRAM DESCRIPTIONS >](#)

Meet the Team

Laura Schwartz - Business Development Manager



Laura joined the Robert Crown Center for Health Education as the Business Development Manager in September of 2017. Prior to joining RCC, Laura worked in business development for Orange Theory Fitness in La Grange while raising her three children. Early in her career, Laura taught 5th grade in Riverside, Illinois after graduating with a Bachelor of Science degree from the University of Dayton. Growing up in the western suburbs, Laura has had the unique perspective of attending RCC when she was a 5th grader herself, bringing her 5th grade students to RCC as a teacher, and being a parent of a student who recently attended RCC programs.

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